Craft and game ideas



Game: "Rescue Hoist" - pull up a patient

You need: Two or more empty toilet rolls

Two or more pictures of a Rega emergency physician and a patient on the end of a rescue hoist, either laminated or printed

out on stiff paper (see example below)

String

To make: Fasten a picture and a toilet roll to the opposite ends of a length

of string

Game idea: Ask your brother, sister, parent or friend to play with you. Each

person is given one toilet roll and stands on a chair. Unroll the string so the picture is touching the floor. Hold the toilet roll with both hands and on command, roll up the "rescue hoist" as

quickly as possible, thus pulling up the patient.



Idea & development: Manuela Müller, Schulen Risch*

^{*}In 2011, the kindergarten of the Schulen Risch held a project week on the theme of Rega. The teaching material created for this purpose has very kindly been put at Rega's disposal. We have used some of the craft ideas and modified them accordingly. The entire teaching material can be found at www.rega.ch/rega-erleben/rega-macht-schule.

Craft and game ideas



Game: "Jet or Helicopter" Shaker

You need: Empty jam jar

Round piece of cardboard

Small, round picture of a Rega helicopter and a Rega jet

To make: Glue the pictures of the Rega helicopter and the Rega jet onto

each side of the cardboard disc. Place it in the jam jar and close the lid. If you like, you can also decorate the outside of the jar.

Game idea: Take the jar and go to your brother, sister, parent or friend. Ask

them: "Rega helicopter or Rega jet?" The other person gives an answer. Then shake the jar, hold it up and look to see which picture you can see from below. If the person has guessed correctly, it is their turn to shake the jar, otherwise you can shake

again.



Idea & development: Manuela Müller, Schulen Risch*

Craft and game ideas



Craft activity: "Helicopter in the Snow" – make a snow shaker picture

You need: A4 sheet of blue paper

Grey paper

Picture of a Rega helicopter, either drawn yourself or cut out (see

example below)

Transparent plastic folder or document sleeve

Adhesive tape, glue, scissors

Polystyrene or hole punch and white paper

Craft idea: Cut out a mountain range or individual mountains from the grey

paper and glue onto the blue sheet of paper. If you like, you can also paint or glue white snow on the mountains. Cut out the picture of the helicopter as precisely as possible and glue it onto

the paper.

Slide the piece of paper into the transparent folder. Break off some tiny balls of polystyrene and add them to the folder. If you don't have any polystyrene, you can use a hole punch to punch

out small dots from the white paper.

Seal off the open edges of the transparent folder with adhesive

tape so that the snowflakes do not fall out.





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